NATUS SENSORY EMPLOYEES

Peak Health Wellness Program

Peak Health, for **Natus Sensory** employees enrolled in the Aetna medical plan, is designed to reward you for your efforts in developing and maintaining a healthy lifestyle. The program provides health and fitness education, including information on disease prevention and behaviors that may be negatively affecting your overall well-being. In this program, you will have the opportunity to complete an online Health Assessment, obtain regular labs (blood-work), participate in preventive care, and be regularly evaluated by a board-certified RN (registered nurse). Your assigned RN will review your medical information with you, help you to establish realistic and attainable health goals, and assign a "health phase" to you.

Get Rewarded

Natus Sensory employees enrolled in the Aetna medical plan and who participate in Peak Health can earn **$75 per month in wellness credits** towards medical premium costs starting January 1, 2025. Your RN and Peak Health will keep you updated on all program appointments and deadlines after your initial visit. To continue earning your incentive after your first nurse visit, you must remain up-to-date on all activities and nurse visit appointments required.

ACTIVITIES REQUIRED	IMPORTANT DETAILS
Step 1: Enroll in Peak Health Platform (only once)	• New enrollees in the Aetna medical plan receive a 90-day grace period and earn the wellness credits while completing their actions.
Step 2: Complete the Online Health Assessment (HA)	• For new enrollees, all four steps must be completed to maintain their wellness credits once the 90-day grace period is over.
Step 3: Obtain free Lab-Work from LabCorp*	• Current participants must keep their annual Health Assessment, Lab Work, and recurring Nurse Visits up to date to continue earning wellness credits ($75 per month in 2024 and in 2025).
Step 4: Attend your telephonic Nurse Visit(s) as advised	

First Time User:
- Go to peak-health.net/wellness
- Click on **Register** under **New Users**
- Accept the Terms and Conditions and Notice of Privacy.
- Username: "nm" then your PlanSource ID (the first letter of your first name, the first 6 letters of your last name, and the last 4 digits of your Social Security number (e.g. nmsanders6789)

- Enter your date of birth (for verification purposes)
- Enter your work email address
- Click **Register**

If your username and date of birth match what is on file with Natus, you will be accepted and asked to change your password. Please use this password every time you login.

Questions or concerns? Contact Peak Health at **(252) 237-5090** or **appointment@peak-health.net.**